

Makeup

We recommend eyeshadow and mascara for all students, and possibly eyeliner and foundation for older students. Please do whatever you feel comfortable with for your child. We want to be able to see their features, but not to paint them up extravagantly.

***Please arrive at all events in complete hair and makeup.**

How to make a low bun:

- Dirty and/or damp hair holds better than clean/dry hair
- Optional: apply hair gel
- Brush hair into a ponytail and secure with a hair band
- Twist or braid the ponytailed hair; wrap in a cinnamon roll shape around the hair band
- Use hairpins and/or bobby pins to secure the twist
- Wrap a hairnet around the bun as many times as possible; secure with a few more pins
- Hairspray any flyways

*If hair is not long enough to be put up, it must be pulled back neatly.



See video:

[How To Do a Low Bun Hair Style for Ballet | Lazy Dancer Tips](#)

Basic Costume Care Instructions

It is best if you allow your ballet skirts to “breathe” outside of the bag so that the tulle can relax. For best results, you can hang the costume upside down by the crotch from a hanger while you take a hot shower.* Try doing this the week before the recital so you can do it multiple nights/showers if necessary.

**Note: Do not allow the costume to be directly under the stream of water.*

It is not recommended that you iron any of the costumes as they are made of a combination of spandex/lycra and tulle that will not respond well to heat.

The costumes are not recommended for machine washing. If you must clean it, try to do simple spot cleaning.

Find an inconspicuous place to put your name in all of your costumes, accessories, and shoes!!

Make sure to check that all of the straps and other support aspects of the costume are fully attached.

If your pink ballet shoes are starting to look gray, you can wash them in the washing machine to freshen them up. Do NOT put them in the dryer. Instead, stuff them with paper towels to retain shape and put them in a sunny place to air dry.



Be sure your pink ballet shoe elastics are sewn and the drawstrings are cut and tucked in properly so that your ballet shoes do not have “whiskers”.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	2Cute Preschool Dance
Dance:	It's A Small World
Day / Time:	Wednesday 9:15am and Saturday 8:15am
Instructor:	Ms. Sam


Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	High Bun (if possible) / hair piece under bun or pony 
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

"Inside Out / Outside In"

Class:	ABC Preschool Dance
Dance:	This Little Light of Mine
Day / Time:	Wednesday - 1:30pm
Instructor:	Ms. Sam

Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	High Bun / Hair piece on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	ABC Preschool Dance
Dance:	Here Comes The Sun
Day / Time:	Saturday - 9:00am
Instructor:	Ms. Sam

Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	High Bun / Hair Accessory on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Kindergarten Dance
Dance:	A Million Dreams
Day / Time:	Wednesday - 4:30pm
Instructor:	Ms. Sam


Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	Low Bun / Flower on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Kindergarten Dance
Day / Time:	Saturday - 10:00am
Instructor:	Ms. Sam


Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	Low Bun / hair piece dancer's right side
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Tap / Musical Theater 2 / 3
Dance:	You Make My Dreams Come True
Day / Time:	Wednesday – 6:30pm
Instructor:	Ms. Donna


Tights:	 Carmel tights
Shoes:	Black Tap Shoes
Hair:	Low Bun/ Hair piece will not be used
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Tap Performance Workshop 3 / 4
Dance:	You Make My Dreams Come True
Day / Time:	Wednesday – 7:30pm
Instructor:	Ms. Donna

Tights:	 Carmel tights
Shoes:	Black Tap Shoes
Hair:	Low Bun / Hair piece will not be used
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Jazz / Acro 1
Dance:	Walking On Sunshine
Day / Time:	Friday - 4:30pm
Instructor:	Ms. Dawn


Tights:	 Carmel tights
Shoes:	Caramel Jazz Shoes
Hair/Headpiece:	Low Bun / Costume hair clip to dancer's right side by the bun
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Jazz / Tap 1
Dance:	My Own Drum
Day / Time:	Saturday – 11:00am
Instructor:	Ms. Dawn

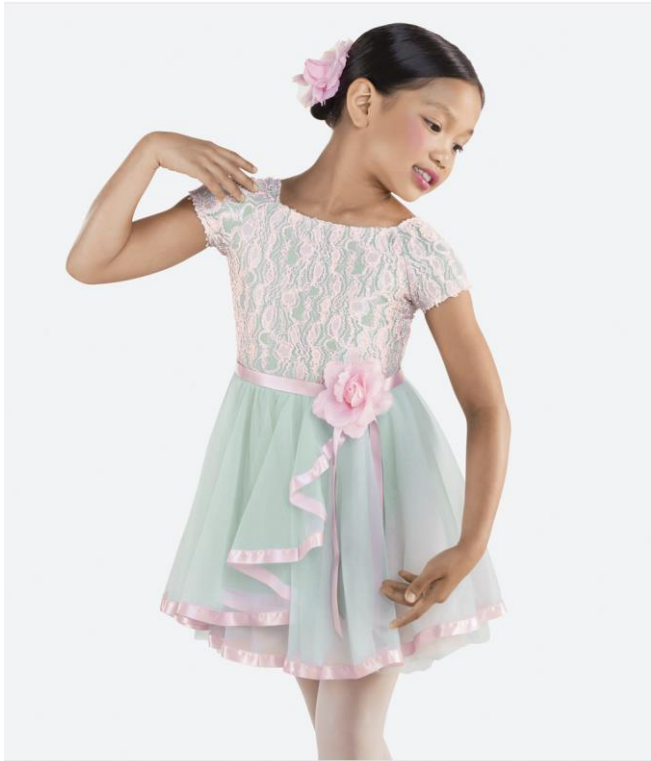
Tights:	 Carmel tights
Shoes:	Black Tap Shoes
Hair/Headpiece:	Low Bun / Hair piece around bun
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Ballet 1 / 2
Dance:	Little Swans
Day / Time:	Thursday - 4:30pm
Instructor:	Ms. Dawn

Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	Low Bun / Hair accessory on right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Jazz 2
Dance:	Birds Fly
Day / Time:	Monday - 4:30pm
Instructor:	Ms. Dawn

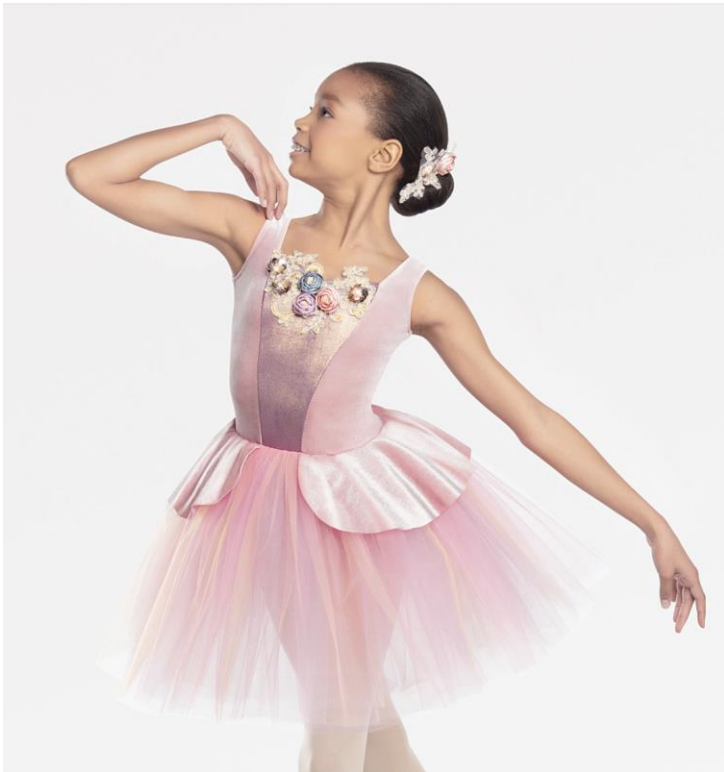
Tights:	 Caramel tights
Shoes:	Caramel Jazz Shoes
Hair/Headpiece:	Low Bun / headband around head
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Ballet 2 / 3
Dance:	Coppelia Valse
Day / Time:	Tuesday - 5:30pm
Instructor:	Ms. Caitlyn


Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	Low Bun / Flower on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Contemporary / Acro 2 / 3
Dance:	Playground Fun
Day / Time:	Wednesday - 5:30pm
Instructor:	Ms. Dawn


Tights:	 Carmel Footless Tights
Shoes:	Barefoot
Hair:	Low Bun / hair piece will not be used
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Jazz 3
Dance:	I’m Shakin’
Day / Time:	Monday – 5:30pm
Instructor:	Ms. Dawn


Tights:	 Caramel tights
Shoes:	Caramel Jazz Shoes
Hair/Headpiece:	Low Bun / hair bow to dancer’s right side by bun
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In

Class:	Lyrical / Ballet 3
Dance:	This Is Me
Day / Time:	Thurs - 5:30pm
Instructor:	Ms. Caitlyn


Tights:	 Caramel Footless Tights
Shoes:	Tan Lyrical Turners
Hair/Headpiece:	Low Bun / hair piece on dancer's left side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Jazz 4 / Jr. CORE
Dance:	Shake The Room
Day / Time:	Monday – 6:30
Instructor:	Ms. Dawn

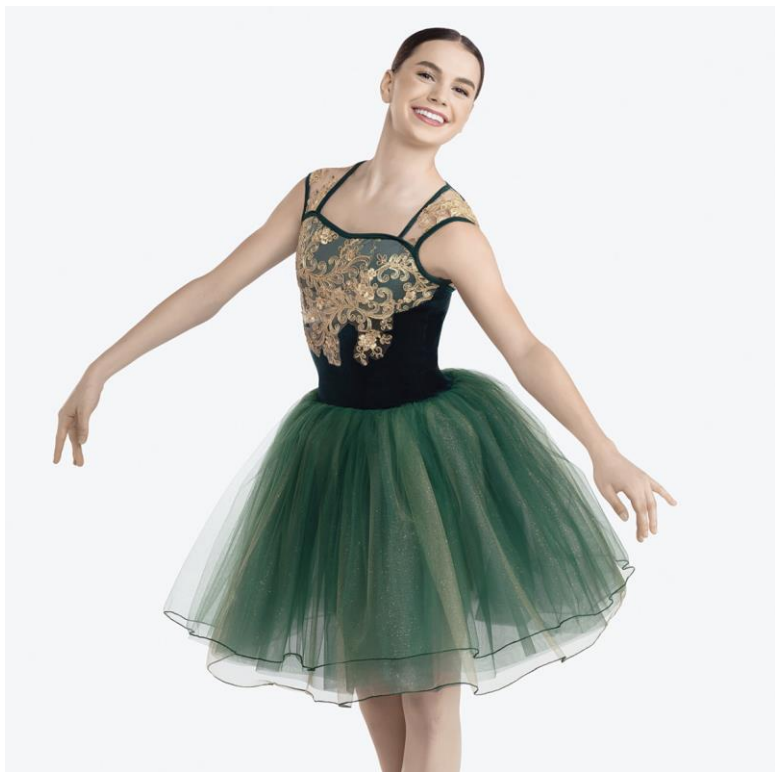
Tights:	 Caramel Tights
Shoes:	Caramel Jazz Shoes
Hair:	Low Bun / no hair piece
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Ballet 4 / Jr. CORE
Dance:	Polka Française
Day / Time:	Tuesday – 6:30pm
Instructor:	Ms. Caitlyn


Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	Low Bun / hair piece slightly to dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Contemporary 4 / Jr. CORE
Dance:	What A Wonderful World
Day / Time:	Wednesday - 6:30pm
Instructor:	Ms. Dawn

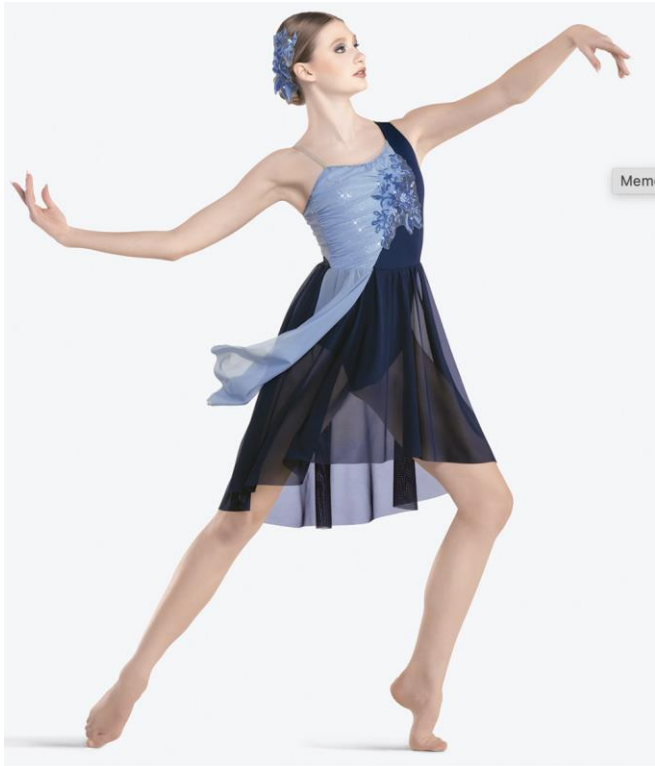
Tights:	 Caramel Footless Tights
Shoes:	Barefoot
Hair:	Low Bun/ Hair piece may not be used
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Lyrical / Ballet 4 / Jr. CORE
Dance:	Lovely
Day / Time:	Thursdays – 6:30pm
Instructor:	Ms. Caitlyn


Tights:	 Caramel Footless tights
Shoes:	Tan Lyrical Turners
Hair/Headpiece:	Low Bun / hair piece on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Jazz CORE
Dance:	Time Machine
Day / Time:	Monday - 7:45pm
Instructor:	Ms. Dawn

Tights:	 Carmel tights
Shoes:	Caramel Jazz Shoes
Hair:	Low Bun / Hair cuff not used
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Ballet CORE
Dance:	Concerto Promenade
Day / Time:	Tuesday – 7:30pm
Instructor:	Ms. Caitlyn


Tights:	 Pink tights
Shoes:	Pink Ballet Slippers
Hair/Headpiece:	Low Bun / hair piece on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Contemporary CORE
Dance:	Luminous Child
Day / Time:	Wednesday - 7:30pm
Instructor:	Ms. Dawn


Tights:	 Caramel Footless Tights
Shoes:	Barefoot
Hair:	Low Bun
Additional Info:	<p>If hair is not long enough to be put up, it must be pulled back neatly.</p> <p>Please be sure that any necessary undergarments are not visible.</p>

Spring Recital 2024

Costume Instructions

“Inside Out / Outside In”

Class:	Lyrical / Ballet CORE
Dance:	Secrets
Day / Time:	Thursdays – 7:30pm
Instructor:	Ms. Caitlyn

Tights:	 Caramel Footless tights
Shoes:	Tan Lyrical Turners
Hair/Headpiece:	Low Bun / hair piece on dancer's right side
Additional Info:	If hair is not long enough to be put up, it must be pulled back neatly. Please be sure that any necessary undergarments are not visible.